

# Registered Delegate Information

**We look forward to welcoming you to the World Congress on Active Ageing – WCAA 2016 in Melbourne.**

In preparation for your attendance at the Congress, we would like to provide you with some helpful information that will be of assistance to you for your arrival at the Congress, and during WCAA 2016.

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## How do I get to the Congress venue?

### Melbourne Convention and Exhibition Centre

#### 1 Convention Centre Place, South Wharf 3006

Melbourne Convention and Exhibition Centre (MCEC) is located on the banks of the iconic Yarra River in South Wharf.

#### Walk

MCEC is located within walking distance of many CBD hotels and accommodation options. You can enter via Convention Centre Place next to DFO and Hilton Melbourne South Wharf. You can also walk down the Exhibition Centre concourse from the Clarendon Street entrance.

We recommend you familiarise yourself with Melbourne's transport options before your departure.

#### Tram

The Free Tram Zone in Melbourne's CBD makes it easier for commuters and tourists to move around the city.

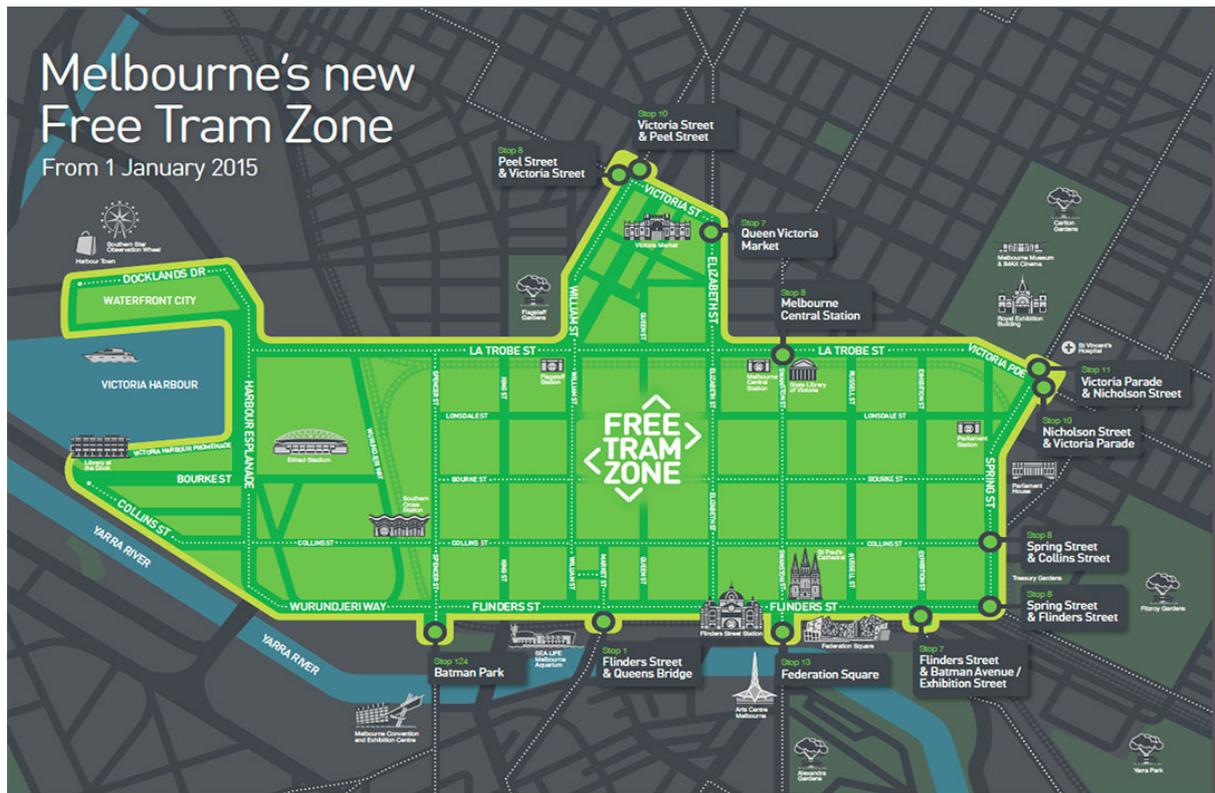
Catch any of the following trams and get off at stop 124, Batman Park, within the free tram zone:

Route 96 – St Kilda to East Brunswick

Route 109 – Port Melbourne to Box Hill

Route 12 – Victoria Gardens to St Kilda

The Clarendon Street entrance of MCEC is a short walk from stop 124. Public transport is the quickest and easiest way to get to and from an event at Melbourne & Olympic Parks. Trains, trams and buses operate frequently, dropping you right at the door of Australia's premier sports and entertainment precinct.



## Car Parking

There are three car parks available for visitors to the Melbourne Convention and Exhibition Centre. For full information and rates click [here](#).

## Registration Desk

The Congress registration desk is located on Level 1 of MCEC and will open at the following times:

Tuesday	1600 - 2000
Wednesday	0730 - 1830
Thursday	0830 - 1830
Friday	0830 - 1700

You can register to attend the Congress online by completing the [online form here](#) or completing your registration form and registering onsite at the Congress.

## Congress Program

The WCAA 2016 Congress program is now available on the Congress website. We plan to make WCAA 2016 a paper-less event and therefore no printed copies of the Program will be available to delegates onsite. We recommend downloading the program to your phone, table, laptop prior to arriving onsite.

The Congress Program is also available via the Congress App. There will be complimentary wi-fi available to all delegates onsite.

[Click here](#) to view the Congress Program.

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## Congress Proceedings

Human Kinetics is proud to be the publishing partner of WCAA and look forward to e-publishing the congress proceedings in a special issue of Journal of Aging and Physical Activity.

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## Ageing Connects: Congress App

We recommend you download and familiarise yourself with the Congress App prior to arriving onsite at the Congress. The Congress App will provide you with up-to-date information and notifications, including changes to sessions and program.

[Click here](#) for instructions to download Ageing Connects.

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## What to Pack

On average, Melbourne will experience a maximum temperature of 15°C and a minimum temperature of 7 °C during June/July. The temperature is usually low in the mornings and evenings, and will peak to around mid-afternoon. Expect clear days with some rain. A tip for any visitor is to be prepared for anything - we suggest that you pack an umbrella, wear layers that can be worn and removed as needed and a jacket for the evenings.

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## Dress Code

The dress code is smart casual throughout the Congress.

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Please do not hesitate to contact us if you have any questions. We can be contacted prior to the Congress via email [registration@wcaa2016.com.au](mailto:registration@wcaa2016.com.au), via phone on 03 9682 0500 or please visit us onsite at the registration desk on Level 1, Melbourne Convention and Exhibition Centre.

*We look forward to welcoming you soon.*

Kind Regards,

**World Congress on Active Ageing 2016 secretariat**